



National Defence

Headquarters
4th Canadian Division

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Défense nationale

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de la 4^e Division Canadienne

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(260) Pers

4 March 2015

Mr. Jason Figliano
Canadian Black Belt Academy
Gracie Jiu-Jitsu Bolton
Wulfrun MMA Team - Ontario
19 McEwan Drive
Bolton, Ontario
L7E 1 G2

LETTER OF RECOMMENDATION

Mr. Figliano, this is to acknowledge the excellent services you and your school provided to the soldiers of 32 Service Battalion. During 2012 and 2013 you conducted a Combatives Course over multiple weekends and evenings, for my soldiers. As the commanding officer of 32 Service Battalion during that period, I was looking for a physical fitness program that would be unique and engaging for my soldiers. Certainly, your program became the highlight of their training. They learned valuable skills while having an enjoyable experience, what better way to motivate young minds.

Your training style was professional and well received. You and your staff gained immediate respect from each of the soldiers that participated in the training. Your approach encouraged all to participate no matter their level of martial arts experience. This engaged many young soldiers who otherwise might never have considered martial arts as a means to learn self-defence as well as self-discipline. Certainly many of my soldiers approached me following the course to learn more about where they could continue with martial arts training.

Most importantly, you focused on safety and professionalism. This was not only conveyed in your daily lesson but in your teaching style. My soldiers learned quickly how to engage in hand-to-hand combat while respecting and thinking of their partner. This echoes our own ethos and speaks volumes to your credibility as an instructor.

On behalf of the officers and soldiers of 32 Service Battalion, of whom I had the pleasure to command, our deep respect and appreciations.



Charles R. Jansen
Major
Commanding Officer 32 Service Battalion (Jun 12 – Oct 14)

G5 Strategic Operations and Resource Planner
4th Canadian Division/Joint Task Force Central Headquarters
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